

2 Minute Tangos	Inside AM WOD	Time	ME OHS/Snatch	Outside AM WOD	Time
Team	Team		Heat		
Team Big Girl	Jump Smash	8:30 AM	1	6 Rx Women	8:30 AM
Young & Younger	Team PVC	8:33 AM	2	8 Rx Mixed	8:44 AM
I like long WODs on the beach	Booty Gainz	8:36 AM	3	8 Rx Mixed	8:58 AM
Twerk n Jerk	Then There Were 3	8:39 AM	4	7 Rx Mixed	9:12 AM
Sunrise Sistas	destROYER	8:42 AM	5	8 Rx Men	9:26 AM
Team Knocked Up	Scaled to Perfection	8:45 AM	6	8 Rx Men	9:40 AM
Squats for Days	Flexual Healing	8:48 AM	<b>*EQUIPMENT CHANGE</b>	<b>Judges' Break 20 minutes</b>	9:54 AM
Mother Thrusters	It Runs In The Family	8:51 AM	7	8 Sc Women	10:14 AM
<b>*EQUIPMENT CHANGE</b>		8:54 AM	8	8 Sc Women	10:28 AM
Team Class and Sass	CT Webster	8:57 AM	9	8 Sc Mixed	10:42 AM
Oreo Blast	We just METcon'd	9:00 AM	10	8 Sc Mixed	10:56 AM
Swole Mates	NolensVILLAINS	9:03 AM	11	8 Sc Mixed	11:10 AM
Rampage	Young and Relentless	9:06 AM	12	8 Sc Mixed	11:24 AM
Tall and Tan	Team J-RoCCS	9:09 AM	13	8 Sc Men	11:38 AM
CFBB	Peel Ale Man	9:12 AM	14	8 Sc Men	11:52 AM
Tall and Blonde	KettleBelle and Her Beast	9:15 AM	15	8 Sc Men	12:06 PM
1.5 Poos	Beauty & The Beast	9:18 AM	<b>END TIME</b>		12:20 PM
CrossFit Imagine B	Turned Down for WOD	9:21 AM	WOD SWITCH		
The Starfishes	Beauty & The Bastard	9:24 AM	LUNCH BREAK		12:20-1:00
Amrappier's Delight	Gulch Geeks	9:27 AM			
Barbie & Ken	Buns & Guns	9:30 AM			
The Pepsters	Hakuna Tabata	9:33 AM			
Air Gordon	Team Massey	9:36 AM			
Team Bacon	WOD it All for the Woelke	9:39 AM			
The Power Couple	Marriage Counseling	9:42 AM			
<b>*EQUIPMENT CHANGE</b>		9:45 AM			
Forte Fighters	27:17	9:48 AM			
Bebop and Rocksteady	Young Money and Ya Boy Pauly P.	9:51 AM			
Now Thats a Beautiful Snatch	Mr Clean and the Jerk	9:54 AM			
Thrusters from the CFG	Brickhouse JV Squad	9:57 AM			
Old & Slow	Sun's Out Guns Out	10:00 AM			
Scaled as Hell	Bodies By Jerry Too	10:03 AM			
2 Gyms 1 Cup	The Ogre and the Indian	10:06 AM			

We've Never Even Met	Bodies by Jerry	10:09 AM			
Boats & OHS	We're Here So We Don't Get Fined	10:12 AM			
OTC	WOD Squad	10:15 AM			
Thruster Buddies	Voodoo Crew	10:18 AM			
Swole Brothers	Dad, You're Doing It Wrong!	10:21 AM			
		10:24 AM			
		10:27 AM			
		10:30 AM			
		10:33 AM			
		10:36 AM			
<b>*EQUIPMENT CHANGE</b>	<b>Judges' Break 21 minutes</b>	10:39 AM			
The Caboose of the Gain Train	Swole Patrol	<b>11:00 AM</b>			
Buckeye (Bar)Belles	Cool Springs VooDoo	11:03 AM			
Daily SheRx	Voodoo Barbells	11:06 AM			
<b>*EQUIPMENT CHANGE</b>		11:09 AM			
CoMo	Newly Weds	11:12 AM			
Ebony and Ivory	Wes and Kenzie	11:15 AM			
The Moops	We Woke Up Like This	11:18 AM			
Team Alex-Ka-Sam	Little Giants	11:21 AM			
The Gain Train Rides Again	Once you go Rack	11:24 AM			
Titos & Doritos	Tortoise and the Hare	11:27 AM			
Bambi & Thumper	Barbell Brutality	11:30 AM			
Friends Zone Since Buffalo	Bunz and Gunz	11:33 AM			
The Hypocratic Both	Team BAM	11:36 AM			
Snatch Your Dreams	Short & Sweet	11:39 AM			
The Beard & The Cheer	Hakuna Masquata	11:42 AM			
Thunder and Lightning		11:45 AM			
<b>*EQUIPMENT CHANGE</b>		11:48 AM			
Absolute Nutrition	The Steamers	11:51 AM			
Crossfit Rutherford	Smash and dash	11:54 AM			
T-Rex and The Gorilla	No, He's Not My Dad	11:57 AM			
CrossFit Mayhem Sons of Thunder	Brickhouse Varsity	12:00 PM			
Q&A	CFM	12:03 PM			
Garage Gang Duo	Los Flamos Blancos	12:06 PM			
Barbell VooDoo Red	CrossFit Imagine A	12:09 PM			

Snatch Made In Heaven	Barbell VooDoo Black	12:12 PM				
		12:15 PM				
		12:18 PM				
		12:21 PM				
		12:24 PM				
	<b>END TIME</b>	<b>12:27 PM</b>				
	WOD SWITCH					
	LUNCH BREAK	12:27-1:00				