Devious Diane	Inside PM WOD	Time		Flip Flop 2.0	Outside PM WOD	Time
	Judges/Athlete Briefing	1:00 PM				1:00 PM
Heat				Heat		
7	8 Sc Women	**1:15 PM**		1	6 Rx Women	**1:15 PM**
8	8 Sc Women	1:30 PM		2	8 Rx Mixed	1:30 PM
9	8 Sc Mixed	1:45 PM		3	8 Rx Mixed	1:45 PM
10	8 Sc Mixed	2:00 PM		4	7 Rx Mixed	2:00 PM
11	8 Sc Mixed	2:15 PM		5	8 Rx Men	2:15 PM
12	8 Sc Mixed	2:30 PM		6	8 Rx Men	2:30 PM
13	8 Sc Men	2:45 PM		***EQUIPMENT CHANGE**	**Judges' Break 15 min**	2:45 PM
14	8 Sc Men	3:00 PM		7	8 Sc Women	**3:00 PM**
15	8 Sc Men	3:15 PM		8	8 Sc Women	3:15 PM
***EQUIPMENT CHANGE**	**Judges' Break 15 min**	3:30 PM		9	8 Sc Mixed	3:30 PM
1	6 Rx Women	**3:45 PM**		10	8 Sc Mixed	3:45 PM
2	8 Rx Mixed	4:00 PM		11	8 Sc Mixed	4:00 PM
3	8 Rx Mixed	4:15 PM		12	8 Sc Mixed	4:15 PM
4	7 Rx Mixed	4:30 PM		13	8 Sc Men	4:30 PM
5	8 Rx Men	4:45 PM		14	8 Sc Men	4:45 PM
6	8 Rx Men	5:00 PM		15	8 Sc Men	5:00 PM
	END TIME	**5:15 PM**			**END TIME**	**5:15 PM**
	Awards Presentation	5:30 PM			Awards Presentation	5:30 PM